



Post-Treatment Information

AVOID the following activities for up to 2 days following a Dermapen clinical procedure:

- Direct sun exposure (incl solariums)
- Intensive cardio, exercise or gymnasium regimens
- Excessively hot showers, bathing, spas or saunas
- Further chemical treatments (incl microdermabrasion, laser, IPL, chemical peels, muscle relaxant injections and dermal fillers)
- Spray or self-tanning
- Swimming in chlorinated pools or the ocean
- Tattooing (including cosmetic tattooing)

AVOID using skin care products containing any of the following active resurfacing ingredients for up to 5 days following a Dermapen clinical procedure:

- Alpha Hydroxy Acids (AHA's)
- Alpha Hydroxy Cream and Gel
- Beta Hydroxyl Acid (BHA) including Salicylic acid
- Benzoyl peroxide
- Retinoids
- Alcohol (incl. but not limited to isopropyl alcohol, de-natured alcohol/rubbing alcohol)

The following products MAY be used the day after:

- PHformula Exfo cleanse
- Gel / cream cleaners containing no active ingredients (vitaderm/wesson)
- PHformula SOS oil / SOS cream / SOS eye cream
- PHformula point range
- Wesson therapeutics resurfacing balm
- All Heliocare gel Spf formulas

